I year MPT unit plan– June and July 2023

Date	Day	9 -10am	10 -1pm	2-3pm	3-4pm	4-5pm	5 - 6.30pm	Assessment	TOPICS
01-06-2023	Thursday	CD	Clinical Postings -	SDL 1		Documentation	Library/College	Grading sheet for seminar and	Objectives - Describe the
02-06-2023	Friday			Seminar 1		1	- Fitness Postings	case	clinical biomechanica
03-06-2023	Saturday	Case conferen	ce & research					presentations	l aspects of
04-06-2023	Sunday								sports
05-06-2023	Monday	CD	Clinical Postings -	Seminar 2					(normal and
06-06-2023	Tuesday		Evaluation, planning	Case Presentation				injured)	
07-06-2023	Wednesday		prevention and	Seminar 3					
08-06-2023	Thursday		enhancement programs for	Intern Cas	e Dicussio	on	Library/College		
09-06-2023	Friday		athletes with sports injuries OUTCOME- 1 case presentation/week	Seminar 3			Fitness Postings		
10-06-2023	Saturday	Case conferen	ce & research						
11-06-2023	Sunday								
12-06-2023	Monday	CD	Clinical Postings -	Seminar 4					
13-06-2023	Tuesday		Evaluation, planning	Case Pres	entation				
14-06-2023	Wednesday		prevention and	Seminar 5	ı				
15-06-2023	Thursday		enhancement programs for	Intern Cas	e Discuss	ion	Library/College Fitness Postings		
16-06-2023	Friday		athletes with sports injuries OUTCOME- 1 case presentation/week	SDL 2					
17-06-2023	Saturday	Case conferen	•						
18-06-2023	Sunday								

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21-06-2023 Thursday Private programs for athletes with sports injuries OUTCOME-1 case Presentation and enhancement programs for athletes with sports injuries OUTCOME-1 case Presentation and enhancement programs for athletes with sports injuries OUTCOME-1 case Presentation and enhancement programs for athletes with sports injuries OUTCOME-1 case Presentation Seminar 6	19-06-2023	Monday	CD Clir	nical Postings -	SDL 3				
Internal Case	20-06-2023	Tuesday		· •	Case Prese	Case Presentation			
Intern Case Dicussion Fitness Postings Seminar Make up Seminar Make up	21-06-2023	Wednesday			SDL 4		Library/College	assessment	with specific
Friday Case presentation/week Seminar Make up Seminar Make	22-06-2023	Thursday		. •	Intern Cas	e Dicussion	Fitness Postings		
Case presentation/week Saturday Case content Solution Column) with evidence and validity Sominar Make up Case Presentation Solution Sol	23-06-2023	Friday		·	Seminar M	1ake up			to regions
Sunday Case Concerned Research Case Presentation Case Pres			-						
Second	24-06-2023	Saturday	Case confere	nce & research				•	
Comparison of the comparison	25-06-2023	Sunday							
28-06-2023 Wednesday	26-06-2023	Monday	CD Clir	nical Postings -	SDL			validity	
29-06-2023 Thursday 30-06-2023 Friday CD 1 case presentation/week 29-06-2023 Saturday Case conference & research 20-07-2023 Monday 30-07-2023 Thursday 30-07-2023 Thursday 30-07-2023 Thursday 30-07-2023 Saturday 30-07-2023 Saturday 30-07-2023 Monday 30-07-2023 Thursday 30-07-2023 Saturday 30-07-2023 Sunday 30-07-2023 Sund	27-06-2023	Tuesday			Case Prese	entation	/		
Sep-of-2023 Thursday Thursd	28-06-2023	Wednesday	·		Seminar Make up		, ,		
29-06-2023 Thursday CD 1 case presentation CD Clinical Postings for athletes with sports injuries OUTCOME-1 case presentation/week CD CD CD CD CD CD CD C				. •			Fittless Postiligs		
29-06-2023 Thursday Thursday Triday CD 1 case Case Presentation Library/College Fitness Postings Identify assessment tools for fitness; report the valid methods with validity, sensitivity and specificity. List the recent methods with modification and normative values reported modification modi				•					
presentation/week Case conference & research Saturday Case conference & research Sunday Case presentation	29-06-2023	Thursday							
Di-07-2023 Saturday Case conference & research Seminar 6 SDL	30-06-2023	Friday	CD 1 c	ase	Case Prese	entation	Library/College	Identify	Pain and
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I year MPT unit plan- June and July 2023

SEMINAR SCHEDULE

Semin	ar Topics		
1	Applied Biomechanics Shoulder joint	5: 11 11	Ronika
2	Applied Biomechanics Elbow and hand	 Discuss the pathomechanics and correlate with the normal, 	Deekshitha
3	Applied Biomechanics Hip & Knee	injured tissue in sporting injuries	Jerome
4	Applied Biomechanics Ankle & foot	injunes	Ragavi
5	Principles of biomechanics including the force system and lever system		Ronika
6	Definition, types and physiology of pain		Deekshitha

SDL

SL no	TOPICS
1.	Sports specific assessment of Upper limb
2.	Sports specific assessment of lower limb
3.	Sports specific assessment of spine
4.	Sports specific assessment gait / running

Recommended Physiopedia courses

- 1. Applied Sport and Exercise Physiotherapy Programme–22hours-https://members.physio-pedia.com/applied-sport-and-exercise-physiotherapy-programme/
- 2. Clinical Presentations of Shoulder Pain-https://members.physio-pedia.com/learn/clinical-presentations-of-shoulder-pain/

SD/- Vijay Samuel Raj V

Head of the Department Dept of Sports Sciences, JSSCPT Principal
JSS College of Physiotherapy